### CLUBWHEELOCK

Sharing the finer things in life

# Anecdotes from The Peak

#### FITMIND IS ATTITUDE YOGA EVENT

Member's Priority Viewing of Grand Austin

# Anecdotes from The Peak

#### TOP OF THE PEAK

The Eyrie

Start at the summit of Mount Austin, descending via the Eyrie, to Mountain Lodge, the summer residence of the Governor and the epicentre of social life for the colonial elite. Allow us to take you on a walk through the Peak and offer an insight into the distinctive heritage created by Hong Kong's elite during the city's early age. We will also reveal some of the natural secrets of this precious green environment, so close to one of Asia's most famous urban landscapes. Since the first summer houses were built in the late 1860's, the mountain slopes were transformed into a verdant habitat for flora and fauna and the simple hill station developed into an exclusive residential community for the city's influential pioneers. The Peak became a place of natural beauty synonymous with wealth, power and privilege.

A WALK THROUGH THE RICH HERITAGE AND NATURAL BEAUTY OF THE PEAK

#### VICTORIA GAP

INGRABBA IL

Mountain Lodge

Victoria Gap is the site of the Peak Tram terminus and the Peak Café, originally a rest station for the sedan chair bearers who transported residents around the steep gradients.

Matilda hospital

JARDINE'S CORNER

Peak Club

Home to the Peak Club, pioneered by Sir Thomas 'Lucky' Jackson who lived nearby and was the man credited with guiding HSBC to success as a major Asian financial institution.

### MOUNT KELLETT

Signal Station

Peak Café

MININE CONSIGNER

Tramway

Upper Station

Peak Church

Peak Hotel

#### CLUBWHEELOCK

East of Jardine's Corner and site of Craigmin, the home of Thomas Kirkman Dealy who was the headmaster of Queen's College; a wealthy and earnest man who embraced Chinese culture.

Craigmin

#### MOUNT GOUGH

Creggan

### Feature



'Anecdotes from The Peak', an exhibition crafted and curated to reveal the unique heritage and natural beauty of The Peak, organized by Wheelock Properties, The Wharf (Holdings) Limited and Nan Fung Group and supported by The Royal Geographical Society - Hong Kong and The University of Hong Kong Architectural Conservation Programmes.

Through rare 19th and early 20th century photographs and artifacts around the themes of The Peak Tram, The Peak Club, stories of residing families and architecture, the exhibition shed light on the unseen elegant lifestyle of Hong Kong's most distinguished pioneers, as well as the epicenter of lavish social events from exclusive social elites that the Peak was most well-known for.

Mr. Ricky Wong, Managing Director of Wheelock Properties (Hong Kong) Limited concluded, "We are proud to be showcasing 'Anecdotes from The Peak' with the respective expertise from scholars, professionals and supporting associations. We have researched far and wide to bring a spectrum of knowledge and precious art pieces together to present a broad picture of the area's intrinsic historical and botanical value."







## Members' Event —



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## Members' Event

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### MAKE YOUR OWN SUNDAY BRUNCH

What's more rewarding than quality time spent with kids on a Sunday morning after a tiring stressful week? Club Wheelock members gathered at a state of art cooking studio at Spring Learning Centre for the "Make Your Own Sunday Brunch" class. Children took the lead in the kitchen this time, whipping up a scrumptious brunch for mommies and daddies. The morning is highlighted with exciting games and big prizes! A morning filled with love and laughter cleanses the mind and soul of urban busy bodies.

















#### CLUBWHEELOCK

### "ENTHRALLED" **PRIVATE SCREENING** AND SHARING WITH **DIRECTOR CHIP TSAO**

Famous phenomenal, biting columnist and broadcaster Chip Tsao's directoral debut movie "Enthralled" portrays the elements of lust, deceit and betrayal of urbanite in this 21st century. Club Wheelock members were privileged to attend the premiere of this talk of the town movie and shared their views with director Chip Tsao. Dazzling celebrities and socialites, Financial Secretary Tsang Chun Wah, famous composer Michael Lai, Legco member Paul Tse and artist Peck Wan Kam, were also there for the spectacular premiere.

### Feature -



# **Care for Early Psychosis, FitMind is Attitude!**

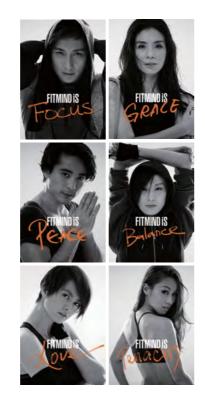
Early Psychosis Foundation (EPISO) was founded in 2007 and registered as a charitable institution in 2009. EPISO consists of experienced professionals and academics in the field of early psychosis. The society aims to make accessible knowledge and experience gained from research and clinical practice to promote high-quality early psychosis intervention services, professional training, and public awareness programs.

### FITMIND is Attitude mega Fund-Raising Event-The First of its kind in Hong Kong

FITMIND is Attitude campaign is organized by Early Psychosis Foundation (EPISO), to disseminate the important message of Yoga is good for mental health (based on HKU and EPISO research findings), to patients with early psychosis, their healthy counterparts and all yoga loving people.

### Summary of Research Findings

- Yoga improves memory in early psychosis.
- Yoga enhances attention and visual-motor processing speed in early psychosis.
- Yoga reduces clinical symptoms and depressive symptoms.
- Yoga increases the cortical thickness of post-central gyrus and the volume of corpus callosum, which are related to cognitive functions.



# Members' Event

### **FITMIND** IS ATTITUDE YOGA EVENT

Club Wheelock cares. Club Wheelock members gathered to participate in the FITMIND is Attitude campaign that raise fund for Early Psychosis Foundation which targets to promote high-quality early psychosis intervention services, professional training, and public awareness programs. Apart from enjoying a soul soothing yoga session led by professional instructors, members learnt more about the Early Psychosis Foundation, extending helping hands to the less fortunate.









### Members' Event

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### **ITALIAN WINE TASTING** AND STYLING EVENT

For those who have exquisite fashion sense, the brand CANALI should not be foreign to them. An exclusive event for Club Wheelock members was held in CANALI flagship store in Central. Members explored CANALI's high quality craftsmanship and the 80 years' tradition of fine tailoring. The evening was accompanied by wine tasting led by winery ambassador of Villa Crespia Mr Giovanni Bresciani. Unprecedented experience of wine pairing with fashion instead of cheese!

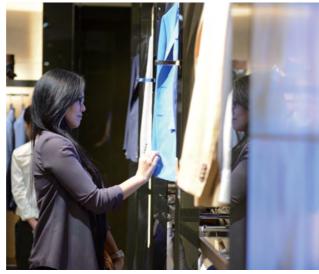




### **AN EVENING OF AESTHETIC ESSENCE**

"An Evening of Aesthetic Essence" cocktail enliven the midsummer nights. Club Wheelock members appreciated the masterpiece of renowned artists, Xavier Veilhan and Teresita Fernández, which enhanced participants sensory experience. Taste buds were also enlightened by free flow of Ruinart Champagne. Brand ambassador shared with us the insight about the special edition Ruinart champagne which was designed by Scottish artist Georgia Russell. The tipsiness from the champagne and visual stimulation from the distinctive designs provoked participants' imagination.









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### **MEMBERS' PRIORITY VIEWING OF GRAND AUSTIN SHOW FLAT AND** SALES GALLERY

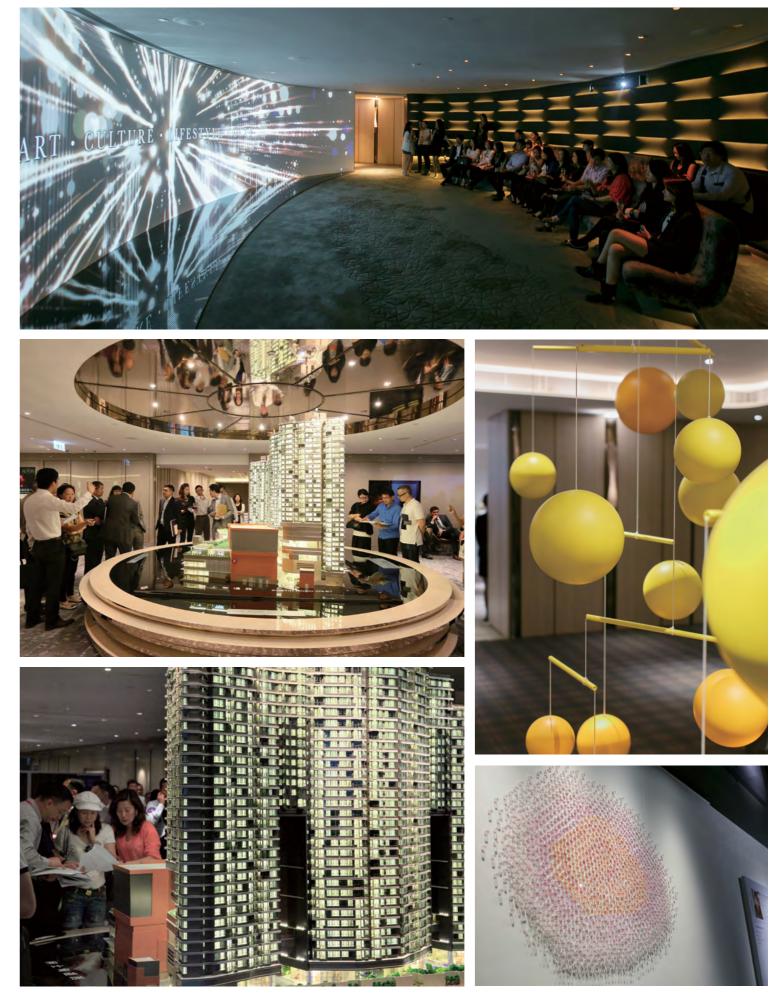
Club Wheelock members were invited to take an early look of the prestigious "Grand Austin" sales gallery and showflat. The development located on Austin Road is jointly developed by Wheelock Properties, New World Development, and MTR. The sales gallery boldly attempts for a contemporary expression of a neoclassic grand manor. Step into the grand atrium alike foyer and be prepared to be impressed by the exquisite artwork and sculpture displays of the common space. The space exhibits French artist Xavier Veilhan's famous work "Mobile (Hong Kong) n°10", the design lit up the liveliness of the gallery. The design of each show flat is a combination of elegance and modern lifestyle, impressing every single viewer with its uniqueness and artistic flair.





1. The four-bedroom show flat is designed to stun its visitors with a galaxy of 2. The three-bedroom show flat is of a family style one which allows the family furnitures and accessories in its uttermost craftsmanship. Rich textured high gloss Kinon wall panels, hexagonal paneled wood flooring and a very stylish pendant, are all aiming to glaze the space with a splash of chic and luxury.

to rest and relax at their leisure. Designer has adopted a uniform color scheme for a calm, serene ambience, while the leather and rocky wall finishes are making quiet transition to a more delightful and vivid expression.



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# Wheelock Link

### Project WeCan

### "Young Innovators Bazaar" -**Inspiring Entrepreneurial Spirit of the Youth**

Can secondary students become bosses too? Starting from marketing analysis, writing proposal, designing and making products to selling, the students were given chance to pursue from 14 schools participated in the bazaar. Students could run their entrepreneurial dream. They showed the results of their six months' hard work and creativity during the "Young Innovators learnt leadership, problem solving and negotiating skills. It also Bazaar" held on 1-4 May in Plaza Hollywood, the products they sold included hand-made leather, soap and flower, attracted over future. 10,000 visitors.

"Young Innovators Bazaar" is a signature joint school event under "Project WeCan", In this year, more than 200 students their own wholesaling business from scratch, during which they prepared them for the competitive business environment in the



### Art & Culture

### **"SCAD Interview Day & Employer Appreciation Reception**" Presented at Wheelock Gallery

Wheelock Properties is devoted in supporting the local young art talents in Hong Kong. On 11 April, we sponsored Savannah College of Art and Design (SCAD) Hong Kong to organize "SCAD Interview Day & Employer Appreciation Reception" by offering the Wheelock Gallery in Central. On that day, graduating students showcased their artworks and connected with the hiring employers, which helped preparing for their career success.

Besides, we organized and art talk cum information seminar with "SCAD Hong Kong" for the "Project WeCan" students who are interested in studying art on 12 April.





### THE COMMUNITY CHEST WHEELOCK SWIM FOR A MILLION 2014

#### 21 September 2014, (Sun), 9:00 am to 1:00 pm, Repulse Bay Beach

Please come for a dip in the Leader's Lap, form a team for the Corporate Relay and/or join a family member for the Two-Generation Relay!

Calling for amateur, leisure, trainer, fun swimmers! Swim while you can also help the needy in our society? Come join The Community Chest Wheelock Swim for a Million 2014, let's swim for a good cause!

In response to last year's overwhelming participation, and to make the upcoming race more exciting, new race categories such as school team and open race are introduced this year aiming to welcome participants from all age groups. Apart from fist clenching races in the water, the beach is also set up with fun filled activities for everyone! Come and join us for a blasting fun Sunday!

Deadline for Registration: 29-8-2014 Enquiry: 2599 6111 Website: www.commchest.org/swimforamillion

**Relay Races** (A team of four members)

Distance: 4 x 400m + run on beach

#### **Donation Amount**

A. Corporate HK\$35,000 or above B. Disciplinary Force / Gov. Dept. HK\$35,000 or above C. School HK\$20,000 or above

**Two-Generation Relay Race** (A team of two family members from two generations)

1st leg: 200m + run on beach 2nd leg: 400m + run on beach

**Donation Amount** HK\$2,500 or above

#### Leaders' Lap

Distance: 200m swim + run on beach

**Donation Amount** HK\$25,000 or above

#### **Open Race**

-Due to limited quotas, enrollment is on a first-come-first-served basis

Distance: 800m + run on beach

**Donation Amount** HK\$450 or above

### CLUBWHEELOCK

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### WHEELOCK Gallery

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